

Random Acts of Kindness Week

Small gestures can really brighten a person's day and your own in return. Here are just a few ideas.

Donate your old clothes to a local charity	Help a friend	Donate blood	Say thank you to someone
Pickup litter	Smile	Make someone laugh	Be a good listener
Give a care package	Let someone go ahead of you	Leave a happy note	Help someone in need
Mow your neighbor's lawn	Say "Good Morning" to a stranger	Bake someone dessert	Take cookies to Librarians
Buy a drink for a homeless person	Buy coffee for someone	Sign up for a shift at a local soup kitchen or homeless shelter	Cheer Up someone
Make someone coffee/tea	Befriend someone new	Donate your hair	Send a thank you letter or care package to a soldier
Read a book about kindness	Donate to the Blue Table at UB to help students with food insecurity	Hold open the door	Use blankets instead of the heat
Invite a classmate to join a study group or have coffee with friends	Contribute books to the Law Library's Little Libraries	Remind someone in your study group that they're going to become an amazing attorney	Sign up for a charity walk or run and raise funds to benefit others